

---

<b>Report To:</b>	<b>Education &amp; Communities Committee</b>	<b>Date:</b>	<b>4 September 2018</b>
<b>Report By:</b>	<b>Corporate Director Education, Communities &amp; Organisational Development</b>	<b>Report No:</b>	<b>EDUCOM/78/18/HS</b>
<b>Contact Officer:</b>	<b>Hugh Scott</b>	<b>Contact No:</b>	<b>01475 715450</b>
<b>Subject:</b>	<b>Clyde Conversations 2018</b>		

---

## 1.0 PURPOSE

- 1.1 The purpose of this report is to update the Education & Communities Committee on the success of Clyde Conversations 3, present the evaluation report from this event and inform the Committee of the next steps for the follow up event in November 2018.

## 2.0 SUMMARY

- 2.1 Following on from the success of #Clydeconversations 1 and 2, Community Learning and Development Youth Work Services were tasked with planning and hosting #Clydeconversations3 in February 2018 and a follow up event in November 2018. As 2018 is the Year of the Young Person, it was agreed to host two events in 2018 - an initial conference in February followed by an event in November during National Youth Work week where partners will feed back to young people the results and actual outcomes achieved from the February #Clyde Conversations3 event.
- 2.2 #Clydeconversation3 took place on Thursday 22 February 2018 in Port Glasgow Town Hall and the follow up event is planned for Wednesday 7 November 2018 in Greenock Town Hall. It should be noted that both of these events were planned, delivered and evaluated by a steering group of young people who represented the secondary schools across the authority. Furthermore, a steering group of partners was identified and several meetings were held to ensure their input was agreed and that all relevant subject matters were identified.
- 2.3 #ClydeConversations3 brought together over 80 pupils from all of our secondary schools across Inverclyde and the participants took part in a variety of workshops on the day. The workshop themes were identified following a consultation carried out with young people in secondary schools by the steering group members on issues that affect young people in Inverclyde. In addition, following on from feedback from young people in previous years, participants took part in a greater number of workshops (5) compared to previous years. This allowed the young people to take part in more workshops and not feel that they missed out on any of their key choices. The workshops at the event in February were:
- Mental Health
  - Career & Job Prospects
  - Alcohol & Drugs
  - Pupil Voice
  - Hate Crime
  - Sexual Health
  - Young People's Reputations
- 2.4 Furthermore, a new initiative for #Clydeconversations3 gave teachers and other professionals

who attended, the opportunity to attend a CPD session on Mentors against Violence Prevention (MVP).

- 2.5 An action plan was created following the February event and partners have been encouraged to implement the key actions identified by young people. Furthermore, partners will provide updates at the November event which ensures that they are more accountable and responsible and are positively actioning the issues raised by young people. This demonstrates to young people that they are involved in real and meaningful participation to affect change.
- 2.6 A copy of the evaluation report and key actions from the event in February is attached to this report. (Appendix 1)

### **3.0 RECOMMENDATIONS**

- 3.1 It is recommended that the Committee notes the content of this report and the attached evaluation report and action plan, acknowledges the success of #Clydeconversations 3 and endorses the proposal for the follow up event in November 2018.

**Ruth Binks**  
**Corporate Director Education, Communities and Organisational Development**

## **4.0 BACKGROUND**

- 4.1 On 25 March 2015, the first #ClydeConversations took place. 130 adults, and professionals from across Inverclyde Alliance, teachers, parents and community representatives met with 120 young people from Inverclyde's secondary schools.
- 4.2 On 13 October 2016, we held #ClydeConversations2: a further opportunity for around 100 young people to meet, engage and plan with policy makers and other community leaders. #ClydeConversations2 had similar goals to the first conference: discussion, debate and challenge, bringing forward actions to improve Health & Wellbeing in Inverclyde.
- 4.3 A steering group was established to plan the conference. This included members of staff from Inverclyde HSCP, Safer Communities, Sandyford and from Community Learning & Development (CLD). Crucially however, a number of pupils were selected from each secondary school to join the group. The young people determined the agenda and themes for the day. Their voices were central throughout, and as such, some very strong messages were shared through the event.

The themes for the workshops were:

- Children's Rights
- Advocacy for Young People
- Young Carers
- Sandyford Services
- LGBTI
- Suicide and Self-Harm
- Child Sexual Exploitation
- Staying Safe in the Community

- 4.4 Feedback from our previous #Clydeconversations events has shown that young people and partners significantly value the event as a tool for engaging with young people on issues that affect them and developing meaningful plans of action to take forward some of these issues. Community Learning and Development took over the running of Clyde Conversations in advance of the event in February 2018. They have maintained the ethos of putting young people at the heart of the planning, running and evaluation of the event by developing a steering group of young people from across all of our secondary schools
- 4.5 The Alliance Board previously agreed that these conferences should form part of a programme of events designed to "co-produce" the 3 year plan for Community Learning and Development in Inverclyde. The current plan expires in September 2018 and as such the information gained from this event has supported the draft plan for 2018-21 and has ensured young people had a voice in this process.
- 4.6 In line with the Inverclyde Youth Participation Strategy, #Clydeconversations3 ensured young people were afforded the opportunity, and were given the choice to actively take part in decisions that affect their lives. The Strategy states that "Youth participation is extremely important for young people to feel they have a voice and are included and empowered to make changes to their own lives" and #Clydeconversations3 achieved this.

## **5.0 IMPLICATIONS**

### **5.1 Finance**

## One off Costs

Cost Centre	Budget Heading	With Effect from	Annual Net Impact £000	Virement From (If Applicable)	Other Comments
		2018-19	£3000	N/A	Transport, Hospitality & Resources

## Annually Recurring Costs/(Savings)

Cost Centre	Budget Heading	Budget Years	Proposed Spend this Report £000	Virement From	Other Comments

### Legal

5.2 None

### Human Resources

5.3 None

### Equalities

5.4 Every effort was made and will continue to be made to ensure pupils are selected from across the school community to ensure a fair and representative group of pupils attend on the day.

### Repopulation

5.5 None

## 6.0 CONSULTATIONS

6.1 There were various consultations carried out with young people to ensure their views were reflected in advance of the event and in the planning of the event.

## 7.0 BACKGROUND PAPERS

7.1 #Clydeconversations 3 Report (Appendix 1)



# Clyde Conversations



Inverclyde  
council



## CONTENTS

<b>Introduction</b>	<b>3</b>
<b>Consultation</b>	<b>4</b>
<b>Consultation Results</b>	<b>5</b>
<b>Programme</b>	<b>6</b>
<b>Workshop Summaries</b>	
<b>Mental Health</b>	<b>7</b>
<b>Careers and Job Prospects</b>	<b>8</b>
<b>Alcohol and Drugs</b>	<b>9</b>
<b>Pupil Voice</b>	<b>10</b>
<b>Hate Crime</b>	<b>11</b>
<b>Sexual Health</b>	<b>12</b>
<b>Young People's Reputations</b>	<b>13</b>
<b>Event Evaluation</b>	<b>14</b>
<b>Next Steps</b>	<b>15</b>

## INTRODUCTION



(2018 Steering Group with Local Elected Members)

Inverclyde's Young Peoples' Health and Wellbeing Conference, Clyde Conversations took place this year on Thursday 22nd February 2018. This was the first year Community Learning and Development Youth Work Services had the responsibility to develop and deliver Clyde Conversations to the young people of Inverclyde. Following a similar model as previous years, a working group made up of 2 young people from each secondary school was established. The group of 12 met on a regular basis within Greenock 1 Youth Zone to plan and prepare for the 2018 Clyde Conversations event. This report details the planning process, workshop feedback from the conversations which took place and actions to be taken forward for the next Clyde Conversations event.

The Steering Group would like to thank Community Learning and Development Youth Work staff for their continued support throughout the planning process, workshop facilitators from Inverclyde Health and Social Care Partnership, Inverclyde Council, Police Scotland, NHS Sandyford, Your Voice, Skills Development Scotland (SDS) and the Young Person's Alcohol Team. Thanks are extended to school staff who co-ordinated pupils attendance and Port Glasgow Town Hall for their practical support in hosting the event and to SDS for their contribution to support the event. Finally the steering group would like to thank the young people who attended this year's Clyde Conversations as without your voices and opinions it simply wouldn't work.

The total number of young people who attended this event was 83.

## CONSULTATION

Throughout the planning process the steering group decided to carry out a consultation to identify the top issues young people would like to discuss at this year's Clyde Conversations. They designed a short, quick questionnaire as seen below asking young people to choose the five most important issues to them as a young person in Inverclyde.

This year for the first time the young people highlighted that they felt they were often consulted but were never given feedback on the outcome of the consultation, so it was decided that to make Clyde Conversations meaningful that we would hold a follow up event in November 2018 and invite back all the workshop leaders to feedback to the young people any changes that have been made through the suggestions they gave at Clyde Conversations 3 event. There will also be an invited panel of professionals at the November event to answer questions submitted by the young people for further clarity and discussion.

### Workshop ideas for Clyde Conversations

School : \_\_\_\_\_ Year Group : \_\_\_\_\_

**What is important to you as a young person of Inverclyde? Please tick your 5 choices:**

**Mental Health**

**Your School Issues/Pupil Council**

**Drugs & Alcohol**

**Career/Job Prospects & Help**

**Sexual Health & Sex Education**

**LGBTQI Education**

**Young People's Reputation in Inverclyde**

**Hate Crime**

**Other please specify:**

**Is there any question that you would like answered about your school/community/other?**

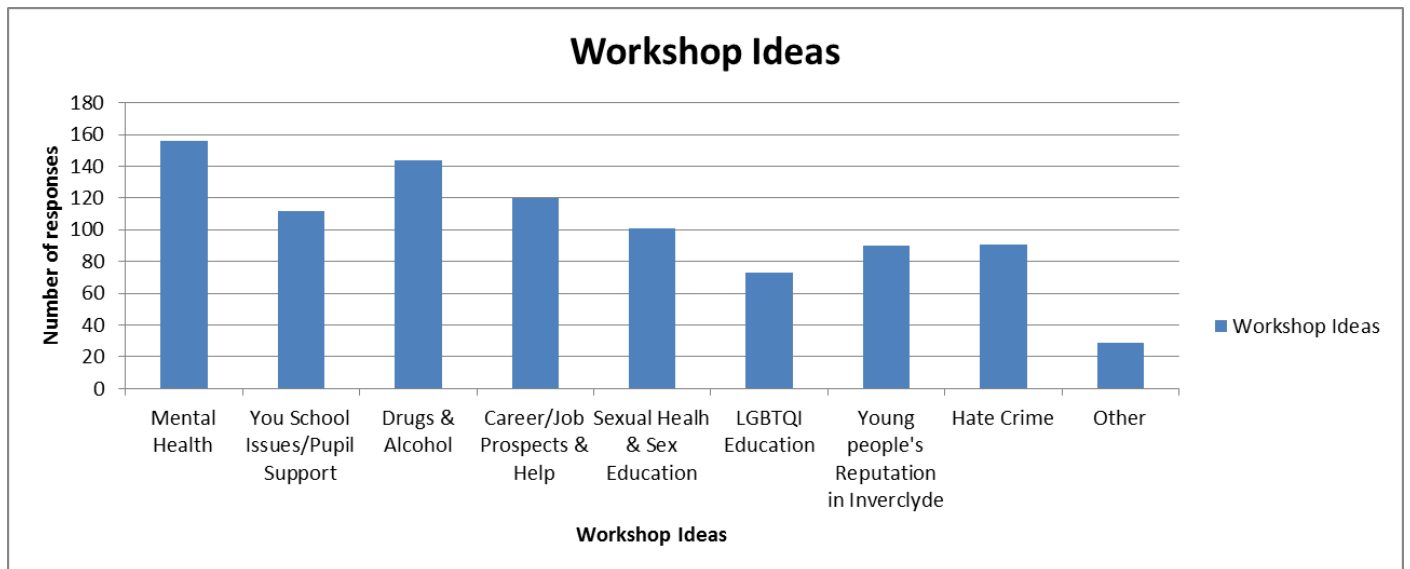


## CONSULTATION RESULTS

The Steering Group received **211** responses from pupils.

**174** paper responses from St Stephen's High School, Port Glasgow High School, Inverclyde Academy, St Columba's High School and Clydeview Academy.

**37** online responses were received from Notre Dame High School.



### Other Suggestions Made:

- Bullying
- Violence
- Obesity
- Police Service
- No LGBT Support
- Short Staffed
- Prejudice & Discrimination
- Opportunities for schools to come together

### Workshops for Clyde Conversations:

- Mental Health
- Careers & Job Prospects
- Alcohol & Drugs
- Pupil Voice
- Hate Crime
- Sexual Health
- Young Peoples' Reputations

## **PROGRAMME – FEBRUARY 2018**

Young people arrived via busses at Port Glasgow Town Hall and were seated by 9.45am. Teachers in attendance were offered a separate CPD session on MVP as Clyde Conversations took place within the main hall from 10.15am to 12.15pm.

**9.30am** - Registration & Breakfast

**10am** - Opening Session

Welcome and Introduction – Councillor Stephen McCabe

Background – Megan Quinn and Megan Inglis

**10.15am** - Conversation Café

3 x 30 minute discussion – 10 min input and 20 min discussion

**12.00 noon** – Lunch Break & CLD consultations

**12.45pm** - Conversation Café

2 x 30 minute discussion – 10 min input and 20 min discussion

**1.45pm** - Feedback & Evaluation

**2.15pm** – Close – Corey Beaton

Buses return pupils to schools for 3.00pm.

**Workshop format** – Each workshop was delivered by a specialist in that area and lasted 30 minutes. It was replicated 5 times in total during the day. Workshop leaders gave a short 10 minutes background on their given topic including what is currently available to young people living in Inverclyde.

**Aim** – To facilitate a discussion with young people to establish what changes or improvements they believe could be put in place around the given topics and allow them the opportunity to discuss with other young people any concerns or positive information they have around this topic area. The workshops allowed practitioners to gain the views from young people on the services that they provide and to assess if they are meeting the needs of the young people in Inverclyde.

**Feedback** – At 1.45pm each workshop leader was asked to feedback one or two main points that came out of the workshop. Each workshop leader was then required to formally give written feedback so this report could be produced and circulated to young people and other interested partners, this will also form the content for the event in November 2018.

## **MENTAL HEALTH WORKSHOP**

The mental health workshop was delivered by Brian Young, Health Improvement Lead for Inverclyde Health and Social Care Partnership.

Young people explored the definition of mental health and had various discussions about their knowledge of mental health. It can be a difficult subject to talk however people are becoming more open and raising the issue but there is still a stigma surrounding mental health especially in relation to gender. Exam stress was widely discussed and young people saw a need for help to emotionally cope with the pressure of exam time.

Young people discussed the referral processes and felt it needed to be looked at as they can only be referred by GP and not a teacher for example. It can be months before young people receive any help with a 12 week waiting time for CAMHS.

Overall mental health and not just mental illness needs to be talked about more especially in schools. More needs to be done in PSE on how to look after your mental health, developing coping strategies and breaking down the stigma. Young people felt lots more awareness raising via social media, posters and websites, as well as services available both local and nationally so young people know where to access services.

### **What would make it easier to access services?**

1. Helpline
2. Timing for access to services –immediate response
3. Mental Health ‘buddy system’
4. More regular reach-out, for all years
5. Better understanding of what mental health is, definitions of signs to recognise in yourself & others
6. Breakdown jargon, just ask ‘how are you coping/doing?’
7. Outside agencies, mental health officers coming into school classes or having a drop in.

### **Possible Solutions**

Mental Health needs to be spoken about more in PSE to raise awareness.

Know who the school psychologists are.

Be able to refer from social groups if they have concerns

Knowing you can present yourself at A&E if mental health is extremely low

Need to de stigmatise issue of mental health

In some cases, celebrity role models who have suffered mental health

Young people need to become aware of what you need to maintain good mental health.

## **CAREER & JOB PROSPECTS WORKSHOP**

The Careers and Job Prospects workshop was delivered by Skills Development Scotland.

As some of the participants in this workshop were in the younger secondary age group discussions also took place around their option choices and experience of careers input thus far or what they would like to see in the future. One of the strongest requests was that young people would like more employers brought into schools to talk about their career and the training and education used to get there. Young people would like teaching staff that could link their subject to specific career areas. They also do not feel they are getting the best from their S3 subject choice interview as they hadn't seen their options form.

Suggestions from young people:-

- Have Careers Nights
- More information on how to get a meeting with a careers advisor
- More one-to-one's meetings with advisors
- More information about different jobs
- More people should get a choice even if they don't want to
- More people telling us what different jobs we can do with our subjects
- Make clear anyone can be a careers advisor
- More columns for S3
- Job opportunities for young people
- Use the "tannoy" to let pupils know careers advisors are in school/also give advanced warning when they are coming
- More talks from universities
- More input from employers
- More job fairs
- Get more talks about careers
- More advice from the teachers and guidance
- Get a talk before option forms
- More literacies support

## **ALCOHOL & DRUGS WORKSHOP**

The Alcohol and Drugs workshop was delivered by the Young Person's Alcohol Team (YPAT) part of Inverclyde's Health and Social Care Partnership. It was also supported by staff from Community Learning & Development Youth Work Services.

Drugs & Alcohol was one of the highest issues raised by young people from the consultation and a popular first workshop choice.

Important issues surrounding Alcohol & Drugs:

- Not everyone does it but young people are stereotyped
- How easily accessible access to drugs & alcohol is
- Groups of young people drinking in public gives other young people a bad name
- Use of drugs in school—mainly cannabis & ecstasy
- Young People selling drugs
- Peer Pressure

### **Drug and Alcohol Education in schools:**

⇒ Mix of wanting real experiences of addicts; some YP felt very strongly that real stories were necessary for the message to get across. Some young people thought that having addicts coming into schools would be the best way to implement this while others felt that this would be intimidating. Video experiences seemed to be the preferred middle ground.

⇒ Young people discussed the current inputs. Some thought they were effective but others thought they were not shocking enough and input was lost through others in the class messing around.

⇒ Real stories were thought to be a good method to raise issues surrounding drugs and alcohol. These are already being used in the Drug Awareness sessions but it was thought that there could be more of these included.

⇒ It was discussed that the role play being used as part of the Booze Busters Primary sessions was very effective in primary schools but that role play was not something that the young people felt was right for high schools.

⇒ Young people also felt that different drugs should be focussed on at different stages throughout high school at the most relevant ages. For instance, including information about cannabis, tobacco, alcohol and ecstasy earlier than information about cocaine heroin and LSD.

## **PUPIL VOICE WORKSHOP**

The Pupil Voice Workshop was delivered by Erin Power from Your Voice.

Young people were very vocal that their voice matters and that often young people are best at finding solutions to challenges and difficulties when given the opportunity and support to do so. Some young people shared that they don't know how to use their voice or that they do not feel confident or empowered to use their voice, for some participants this was an area they would like support with.

The Pupil voice workshops identified **5 key priorities:**

**Feedback and response** – young people explained that when they are given an opportunity to participate and have their voice heard they often do not receive any response or feedback. Some young people accepted at times their 'asks' are unachievable or unreasonable but they would like a response explaining or compromising. They felt there was a real risk that young people perceive pupil voice as meaningless and tokenistic. Young people requested '*those in power*' recognise how important some factors are to young people i.e. being asked, feeling listened to, feedback and explanation to the 'No'.

**Pupil Councils Structure and Pupil Council Network**— young people highlighted the differences and effectiveness of pupil councils across schools. They felt pupil councils needed to be reformed and be a more democratic process where young people choose to be involved. For some pupil councils did not have a visible enough presence within some schools. Young people suggested creating a pupil network where young people link together a few times per year from different schools to learn from each other practice about what is working in their school.

**Schools Evaluation** was another key priority, young people explored the suggestion of a yearly/bi yearly school report that pupils can participate in on their school has performed to ensure that schools are meeting the needs of their pupils as consumers of Education. This could be designed by pupils and staff and used across every school in the authority which could lead to a better performing school as a school improvement driver and a children's rights driver.

**Bullying** was a prevalent concern during each workshop and the final priority identified as they felt not enough is done to address bullying and that they can be let down by adults at times when addressing bullying concerns. Whilst a pressing issue young people had difficulty identifying solutions, they would like to be consulted on what could be implemented to tackle bullying and suggested that they need the help and support of organisations out with schools to have effective intervention.

The majority of young people participating felt that change is possible and that young people do want to be active partners in the planning delivery and evaluation of services. They were quite explicit that youth voice is important within education but also wider society, '*Not only when schools, adults and services want to ask us, but listen to our voice always, we've got a lot to say!*'

## **HATE CRIME WORKSHOP**

Hate Crime identified as *'Any crime which is perceived by the victim or any other person, to be motivated (wholly or partly) by malice or ill-will towards a social group'*

The spectrum of Hate Crime includes, but not limited to:

- Physical and Emotional harassment / abuse
- Name calling / Bullying
- Online/Social Media
- Vandalise/Damage Property
- Acts of violence and murder

The Hate Crime workshops were delivered by Ian Hanley from Inverclyde Council Community Safety Team and Kirsty Murray from Police Scotland.

Young people explored the issue of hate crime and how vast the spectrum is of hate crime is listing the various forms it can take such as racism, sectarianism, targeting people due to disability, gender, sexuality and religion to name just a few. Discussions took place around why people don't report hate crimes with comments like *'people may feel embarrassed', 'it could make it worse', they don't report it out of fear' and they 'don't want to be seen as a grass/snake'*

Overall many young people felt more awareness of hate crime needs to be done as many felt they did not know enough information about it. Going forward they came up with various suggestions to increase reporting.

### **How can young people be supported to raise Hate Crime as an issue?**

- ⇒ **Phone 101 or 999 / Go to the Police Station**
- ⇒ **Crimestoppers**
- ⇒ **3rd Party Reporting**
- ⇒ **Guidance Teachers**
- ⇒ **Parents**
- ⇒ **ChildLine**

### **How can we encourage young people to report hate crime?**

- ⇒ **Awareness Raising and how to report it**
- ⇒ **Have a social media campaign**
- ⇒ **Workshops in school and PSE classes**
- ⇒ **Have consequences made clear**
- ⇒ **Posters and leaflets with information**
- ⇒ **Include it in the current MVP programme**
- ⇒ **Show examples of it and ask victims to share their experience**
- ⇒ **Parent and Teacher education**

## SEXUAL HEALTH WORKSHOP

The Sexual Health workshop was delivered by Jill Wilson from Sandyford, NHS Greater Glasgow and Clyde.

Young people were asked a series of questions to discuss their knowledge of sexual health and relationships. When asked if they had been given information on relationships and sexual health the majority of young people responding with yes they had learned about it mainly in school through Religious Education (RE) or Personal and Social Education (PSE) classes however felt there wasn't enough of it taught or a lack of information given.

Information about sexually transmitted infections, reproduction, rape, puberty, videos about how women should be treated, condom use, how to be safe, relationships and friendships were some of the topics and issues discussed by young people as information they had been given however this varied from school to school. When asked who had given them the information it ranged from PSE teachers, Science or RE teachers, School Nurse, Teachers, Youth workers and they learn through experience of knowing friends information.

Sexual health and relationships can be an embarrassing or awkward conversation to have and many young people felt some teachers felt this way and would benefit in being taught by someone with expertise in that area. A lack of information on contraception or it being related to religion seemed to frustrate some young people. In many schools there was a lack of LGBTQ in relation to sexual health and relationships.

### What could be better about the topics /inputs delivered?

- ⇒ *Don't just give us quizzes*
- ⇒ *In Catholic Schools we want the same education as everyone else*
- ⇒ *Get it at an older age as I don't remember much*
- ⇒ *How to cope with young pregnancy*
- ⇒ *LGBT issues*
- ⇒ *Single sex classes*
- ⇒ *Taught younger by more professional people*
- ⇒ *The chance to talk to someone 1-2-1 (Guidance Teacher)*
- ⇒ *Be taken more seriously*
- ⇒ *Consent*

### Where should Free Condoms be available to young people in Inverclyde?

- ⇒ **In school**
- ⇒ **Doctors**
- ⇒ **Swimming Pools**
- ⇒ **I Youth Zones**
- ⇒ **Community centres**
- ⇒ **Cinema**
- ⇒ **Pharmacy**
- ⇒ **Boots/Superdrug**
- ⇒ **KFC/McDonalds**
- ⇒ **Toilets**



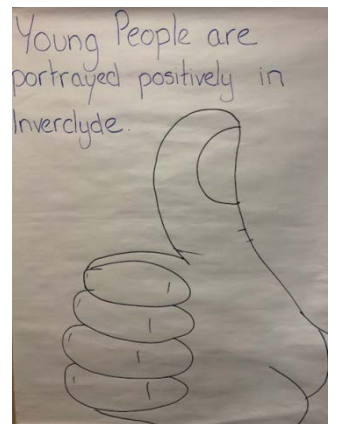
# YOUNG PEOPLE'S REPUTATION



During this workshop young people explored the definition of reputation and what it means in today's society. Good discussions took place on what the perceptions of young people are with many negative comments such as 'disrespectful', 'cause trouble', 'selfish', 'underage drinkers' and 'our voices don't matter'. Young people felt these comments were often unfair and they were a social group who were frequently portrayed in a negative way. They looked at where these perceptions came from and who was responsible. Traditionally they felt it came from the media, adults such as parents and teachers, police, and politicians however with current technology and increasingly high usage of social media young people themselves acknowledged fuelling the negative perception of young people by stereotyping other young people. Finally they discussed what they could do to challenge the reputation of young people. Those attending the Young Peoples' Reputation workshop were asked to place their fingerprint on which statement they agreed with.

## What can we do to challenge/change the reputation of young people?

- Young People can do more positive things in their community
- Develop better facilities for young people in Inverclyde
- Get more positive stories in the media
- Meet with the Greenock telegraph to discuss the negative press
- Share positive stories on our own social media
- Write to Councillors
- Add a 'Young Person section' to the Greenock Telegraph or ask if young people can become a guest editor for the day.
- Challenge the negative reputation our area has
- Attend community council meetings to have our say
- Share Year of the Young People #YOYP2018 far and wide – it showcases Scotland's amazing young people

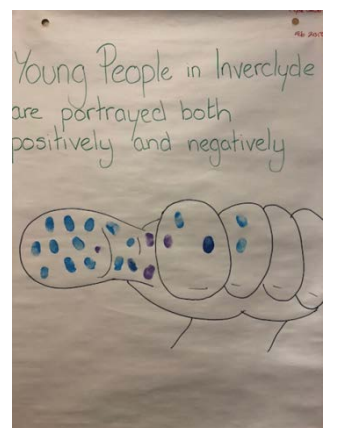
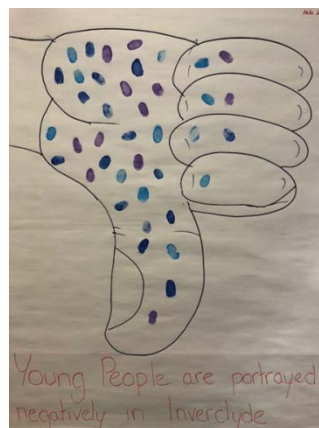


## Results

Positive – 0

Both – 21

Negative - 40





At the end of the conference after young people had attended their workshops they were asked to answer three questions for our colourful evaluation wall. These responses will shape future Clyde Conversations events and give the steering group valuable feedback for the next event in November 2018.

**EVALUATION**

‘Well organised’  
 ‘Good information’  
 ‘Day out of school’  
 ‘Our opinions weren’t judged’  
 ‘Food’  
 ‘Feedback’  
 ‘Listening to others opinions’

**What did you enjoy?**

‘MVP Training’  
 ‘Good experience to share thoughts’  
 ‘I liked that we were listened to’  
 ‘Meeting pupils from different schools’  
 ‘Workshops’

‘Not interactive’  
 ‘Too much talking’  
 ‘Groups too big’  
 ‘The way it was presented’  
 ‘Workshops’  
 ‘Sessions were too long’

**What did you NOT enjoy?**

‘Speaking in front of strangers’  
 ‘Being separated from people I know’  
 ‘Not enough workshops’  
 ‘Food’  
 ‘Sitting down all day’



‘2 day event’  
 ‘Longer sessions’  
 ‘More interaction’  
 ‘Allow more pupils to come along’  
 ‘LGBT Workshop’  
 ‘More group activities’  
 ‘Be able to move about’

**What would you change?**

‘Ice breakers’  
 ‘Format of moving to next workshop’  
 ‘More information on Year of the Young Person’  
 ‘Shorter sessions’  
 ‘To attend all workshops’  
 ‘Make workshops more interesting’  
 ‘Less pressure to talk’



## NEXT STEPS

Reflecting on the February event, the Clyde Conversations Steering Group undertook their own evaluation gathering information from participants attending workshops, workshop facilitators and their own experiences. The evaluation focussed on the positives from the day, challenges they faced and changes they felt were necessary for future Clyde Conversations events.

### Positives

- ⇒ Good food
- ⇒ Workshops were relevant to young people
- ⇒ Having tablecloths to write on
- ⇒ Steering group helping to co facilitate
- ⇒ Timings were good
- ⇒ Councillors taking part in workshops

### Challenges

- ⇒ Workshop layout as some were noisy
- ⇒ Workshop sizes were too big
- ⇒ Schools not having all pupils in attendance
- ⇒ Some suggestions given by adults instead of young people.
- ⇒ Some young people didn't feel comfortable speaking

The steering group discussed a variety of changes they would make including:

- **Smaller numbers of young people attending each workshop.**
- **Young people stay in the same group for each workshop allowing a better opportunity to get to know each other.**
- **Workshops tailored more to age.**
- **Feedback actions to be taken forward.**
- **Request a nominated teacher from each school to work with a member of the steering group to coordinate pupils attending the event.**

## FEEDBACK EVENT!

In November 2018 during National Youth Work Week the follow up event will take place. The aim of the day is to provide young people with feedback from the workshops they took part in including mental health, sexual health, young people's reputations, pupil voice, careers and job prospects, hate crime and alcohol and drugs. Each workshop will present 'You asked – we did' and young people will then be given the opportunity to ask workshop leads questions in relation to their feedback.

## ACTIONS FOR NOVEMBER 2018

### **Mental Health**

- We are going to address mental health awareness in PSE classes & in school within the curriculum.
- Pathways will be clearer on how young people can be signposted to services.
- Training for teachers and staff.

### **Careers and Job Prospects**

- Review Skills Development Scotland inputs in schools.
- Raising awareness of careers advisors in school.
- Explore possibilities of careers/job fairs suited to locality.

### **Alcohol and Drugs**

- Explore the possibilities of updating inputs to include talks from people with lived experience.

### **Pupil Voice**

- A review of pupil councils/forums should be undertaken.
- Consultation to be carried out with young people to identify means to tackle bullying and identify support from other organisations.
- Young people should be involved in the evaluation of school programmes and given appropriate feedback.

### **Hate Crime**

- Schools and organisations will look at how to raise awareness of hate crime and report incidents.
- We will seek to roll out informative workshops on hate crime to professionals and the wider community.

### **Sexual Health**

- Young people receive a standardised health input regardless of the secondary school they attend.
- Young people can access sexual health clinics in community centres and youth clubs.
- Young people can gain access to sexual health advice from school nurses.

### **Young People's Reputations**

- Clyde Conversations Steering Group and CLD staff will meet with the Greenock Telegraph to discuss the negative stories about young people.
- More publicity and promotion of the positive contribution and impact young people make to Inverclyde.